acksons OF SAINTFIELD | MOIRA WEDDING GIFT LIST SERVICE BOUTIOUE HARDW



The Mayor, Councillor Andrew Gowan performed the tree-planting ceremony and was accompanied by the ouncil's veterans' champion, Alderman James Tinsley and Diane Watson (Greenfinches).



2 x 6oz Sirloins • Marinated Pork Belly Crispy Smoked Honey Chilli Chicken 2 Sides, 2 Sauces & Tobacco Onions

AVAILABLE TUES-FRI...12PM-8PM



TREE PLANTED IN LISBURN'S CASTLE GARDENS HONOURS GREENFINCHES FOR THEIR SERVICE

A special tree was planted in Lisburn recnetly in honour of the local women who served in the Ulster Defence Regiment and were known by the codeword, 'Greenfinches'.

The UDR was set special up as a men-only regiment, but women service which was held were allowed to join its ranks in 1973. To mark that 50th anniversary, it was agreed a Japanese Maple would be planted Lisburn's Castle Gardens, following a

in the city in November 2023. The Mayor, Councillor Andrew Gowan performed the tree-planting ceremony and was accompanied by the council's veterans and

Hillhead Sheds, 190 Hillhead Road, Ballyclare, Telephone 028 9335 4699

NOW ON t&c apply

ER S

Visit: www.hillheadsheds.com Open: Mon - Fri 8am - 5pm • Sat 9am - 1pm Fmail: info@billboadcheds.com

thanksgiving

the evils of terrorism. champion, Alderman James Tinsley and Diane Watson (Greenfinches). Councillor "The Gowan said: Greenfinches played a critical role in the UDR put their and lives on the line to serve protect against

As we know, four Greenfinches paid the ultimate sacrifice during Troubles between the 1974 and 1984.

Ideal 🕜 Finance Finance Available

Continued on page 4



Another round of Small Settlements funding has been launched for businesses in Lisburn and Castlereagh.

The grant funding of up to £30,000 can be used across a range of sectors in villages with a population of between 1,000 and 4,999 people. These include Aghalee;

Annahilt; Ballinderry; Dro-mara; Drumbeg; Glenavy; Royal Hillsborough; Ma-ghaberry; Milltown; Moira and Moneyreagh. The Small Settlements

Rural Investment Fund is available to anyone who wants to start a new business in a currently vacant property, as well as for existing businesses who want to expand into an unused area of their property. For businesses wishing to give their shopfronts a facelift, funding is available through the Heritage Shopfront Scheme and Rural Shopfront Scheme.

75 businesses are currently benefitting from the Small Settlements business support fund to date in cluding Ivan Major, owner of Karibu coffee shop in

Hillsborough, who received funding through both the Rural Investment Fund and the Heritage Shopfront Scheme. The grants helped him convert a previously vacant unit into a modern and welcoming coffeeshop.

The closing date Expressions of Interest to either the Rural Investment Fund, Heritage Shopfront Scheme or the Rural Shopfront Scheme is Friday 22nd March 2024 at 5pm.

For more information about each of these schemes, email Kerr at mai Mary marv.kerr@ lisburncastlereagh.gov.uk

The Rural Investment Rural Shopfront Fund, Scheme and Heritage Shopfront Scheme are part of LCCC's Covid Recovery Small Settlements Regeneration Programme, funded through the Department for Communities, the Department of Agriculture, Environment and Rural Affairs, and the Department for





CLARA 4 Piece Modular Corner Group AXEL

Rush Green Velvet 3 Seater Sofa



0900

info@ezlivinginteriors.com
 +44 28 9066 2265
 ezlivinginteriors.co.uk

*Based on 24 Months APR Finance. T & C's Apply.

FIND A STORE NEAR YOU:

FLAGSHIP STORE: Shane Retail Park, Boucher Road, Belfast, BT12 6HR • Holywood Exchange, 304 Airport Road West, Belfast, BT3 9EJ • NOW OPEN: Riverside Retail Park, Coleraine, BT51 3NA • OUTLET STORE: Lesley Retail Park, Boucher Road, Belfast, BT12 6HH • NOW OPEN: Bridgewater Retail Park, The Boulevard, Banbridge, BT32 4LF • Belfast Warehouse 2A Oakbank Channel Commercial Park, Belfast, BT3 9DT

Digital Employment Academy is open for applications

A new Digital Employment Academy is open for residents of Lisburn and Castlereagh who are unemployed or under-employed.

The Lisburn Castlereagh Labour Market Partnership (LMP) has funded this programme.

In recent years, Northern Ireland has become recognised on a global scale with steady growth and a focus on areas such cybersecurity, fintech and software development. It has also attracted several multinational corporations who have set up operations in Northern Ireland. On this basis, it is imperative that there is a sufficient supply of skilled resources who can meet demand.

This 8-week programme will seek to equip participants with digital skills to enhance their employability and help them secure employment. Candidates will also receive one-to-one support to identify employment opportunities with local employers. This will enable participants to develop their employability and interpersonal skills while ensuring a career pathway back into employment. Participants will have their own bespoke action plan with mentoring support throughout their training. Councillor John Laverty



employment interventions to identify their career

paths and gain employment which will create a more

fair and balanced Labour

Market within our council

Web Design and Digital Marketing added: "In

every facet of society and

the economy, proficiency

in digital skills is crucial

Connolly.

permeates

of ProfileTree

added:

where digital

area."

Ciaran

Director

an era

technology

Marketing

BEM, Chairman Lisburn & Castlereagh City Council's Regeneration Incil's Growth Committee d: "The Lisburn and I MP has & said: Castlereagh solution developed to remove barriers to ployment for some our residents. The employment Labour Market Partnership initiative proves that when we work in partnership, we can do great things.

employment is going to "This academy local people support

for securing employment opportunities This programme is tailored to provide job-specific skills and relevant qualifications, that training ensuring participants can enhance their employability with highly sought-after abilities and attributes." More information

including full eligibility criteria can be found on this link https://www. https://www. lisburncastlereagh.gov. uk/w/employment-skillsacademie



You feed the family, we'll feed the lawn

We provide a premium lawn care experience.

We seed them, feed them, even control the weeds. So, you don't have to.

For a FREE lawn analysis visit greenthumb.co.uk or contact our local team.

Lisburn branch Call 02890 741133 Email lisburn@greenthumb.co.uk









BUY A NEW ELECTRIC GARAGE DOOR AND RECEIVE A FREE INTRUDER ALARM

- Unlock 25% more space
- 100,000+ doors installed **Expertly fitted by a local**
- **Garolla engineer**
- Manufactured in the UK



Prices start from £995 **Trustpilot** Checkatrade

UK's No.1 recommended

4.7 out of 5 / 6,000+ reviews 9.68 out of 10

CALL TO ARRANGE A FREE SURVEY

028 9246 0041



freephone 0800 169 3455

SELLEZ

Online

savings

plan now

available

uels Coal & Oil Distributors

NEW SCALE MODEL OF SHIP THAT BROUGHT LISBURN'S FAMINE-STRICKEN COTTON WEAVERS TO AMERICA NOW ON DISPLAY

A new exhibition exploring the tragic history of Lisburn's cotton famine (1861-63) has opened at the Irish Linen Centre & Lisburn Museum.

At the heart of the display is a scale model of the Mary Edson, a ship chartered in 1863 by Lisburn-born millionaire, A.T. Stewart. From his home in New York, Stewart sent the ship with provisions to help the weavers of Lisburn who were left destitute by the U.S. Civil War, which cut off their supply of cotton. Over 130 local men, women and children

women and children boarded the ship for its return leg, ready to make a new life in America. The majority did not return to Lisburn. The display marks over 160 years since this event, and can be viewed Monday to Saturday 9.30am to 5pm at the museum.

The Mary Edson was built in Medford, Massachusetts, in 1859. It was a three-mast sailing ship known as a bark, measured 122 by 38 feet, and could carry over 360 tons of cargo. The ship's captain during the cotton famine was Moses Nickerson. His cousin. Thomas, survived a whale attack on the famous American whaling ship the Essex in 1820, a story that inspired Herman Melville's renowned book, Moby-Dick. On viewing the model Thomas Beckett, Chair of our Communities and Wellbeing Committee, said: "The cotton famine was such a significant event in Lisburn's history, and it is important that we mark it. It must have been a vey difficult decision for local cotton weavers to leave their homes and start a new life in America. This wonderful model of the Mary Edson, helps us understand this journey, and the perils the weavers faced."

He continued, "The museum commissioned this model to help visitors understand, and get a scale of, the cotton famine in Lisburn and the impact it had on local weavers. The Mary Edson is displayed alongside a watch awarded to Moses Nickerson, by the Lisburn Cotton Weavers' Relief Committee, of an important chapter in the town's history.' The unique 1:35 scale model was made bv

Lisburn-based modeller. Werner Gever. who has worked with the National Maritime Museum of and Cavan Ireland and Carrickfergus Museums. was constructed from It

extensive research gleaned contemporary and in archival sources, as well as plans from the U.S. The Mary Edson: from Lisburn to New York, 1863 is on display until Spring

2024. The exhibition also features paintings, prints, letters and objects related to the ship, Stewart and the weavers.

To find out more, go to www.lisburnmuseum.com



Sport Lisburn & Castlereagh Celebrates Local Archer Champion and Basketball Ireland Player

Sport Lisburn & Castlereagh has celebrated the latest winners of the prestigious Sports Personality of the Month Award. The winners were selected for December 2023 and January 2024 highlighting the wealth of sporting talent in the council area.

Sponsored by Decathlon, the award recognises the achievements and dedication of sporting stars within Lisburn & Castlereagh. The winners are selected each month by the Sport Lisburn & Castlereagh Executive Committee and a £100 voucher is awarded to each successful winner.

The Sports Personality of the Month winner for December was female archer, Erin Lunney. At just 13 years old, Erin's talent in archery is nothing short of exceptional. Over the course of December and January, she left an indelible mark on the sport by setting three UK Records, duly recognised by Archery GB. Remarkably, Erin now holds the U18 & U21 Recurve Women Double Portsmouth titles. along with the U18 Recurve Women Portsmouth, show-casing her unparalleled skill and dedication. Her journey into archery commenced into archery commenced through the Vitality Leisure Programme at Kilmakee Activity Centre in 2022, where her talent was evident

from the outset. Erin is part of a group of five budding archers, including one paraarcher, who all found their passion for the sport at Kil-makee Activity Centre and have since been selected to the prestigious NI Archery Academy. Transitioning to Lisburn Archery Club in late 2022 marked another milestone for Erin, propelling her onto the national stage Her inclusion in the Archery GB National Talent Development Programme speaks volumes about her potential, underscored by her current title as the U14 Northern Ireland Champion. U18 Basketball player,

Fiontan Rogers was Janu-arys Sports Personality of the Month. Standing tall at 6'5", Fiontan commands the court as a forward for the Phoenix Basketball Club's U18 Boys team, based at Lisburn Racquets Club. His standout moment came on January 19th when he and his Phoenix teammates clinched victory in the Irish U18 National Cup, a pres tigious achievement that

PAUL LAVERY

ALL ASPECTS OF JOINERY

Interior & Exterior

All furniture and storage projects,

roof repairs and much more.

25 Years' Experience - Quality Assured Joinery

Honest and Reliable

078 1795 8918

JOINER



Matthew Ferguson, Communication Manager, Decathlon Belfast, Fiontan Rogers and

solidified their status as the top junior basketball team in Ireland. Fiontan's impact was felt throughout the tournament, notably in the semi-final matchup against the pre-tournament favourites, Galway Titans, where he led the scoring with an impressive 20 points. In the final showdown at the National Basketball Arena in Dublin, Fiontan continued the years to come and be

Continued from page 1

"We are indebted to them all for their service and sacrifice. They leave behind a legacy that will be difficult for anyone to follow.

Alderman James Tinsley said: "It is an honour to mark the 50th anniversary of the Greenfinches with a living memorial which will grow tall in

his stellar performance, contributing 17 crucial points to secure an exhilarating 82-80 win over the Dublin Lions. His exceptional play was instrumental in Phoenix's success, particularly note-worthy considering the rarity of Northern Irish teams competing at this level in the U18 National Cup. Fiontan's all-star performances did not go unnoticed, as he

visible to anyone who

visits Castle Gardens I

am told it will be 20 feet

when mature and have

striking red-purple leaves

during the Spring and

"We trust this beautiful Maple is a fitting tribute

all the Greenfinches

who served so faithfully

and particularly for those

who call Lisburn and

Watson, who

Castlereagh home."

Summer.

Diane

to

was selected as part of the 25-man U18 International Squad announced by Basketball Ireland. Entries for the latest Sports Personality of the Month are currently open. For more details or to make a nomination, please visit https://www.smartsurvey.co.uk/s/sportspersonalityofthemonthfebmarch24/ Nominations close on Friday 5th April 2024 at 5pm.

served as a Greenfinch from 1978 to 1987, said: "I'm honoured that Lisburn & Castlereagh City Council has planted this tree in one of its most beautiful parks at the heart of the most City in honour of the Greenfinches' service. This tree serves as a lasting tribute and will leave a real legacy to the organisation allowing the spirt of the Greenfinches to 'live on'.

Replace old uPVC windows & doors with new energy efficient products.

TEL: 028 9267 8649

www.stanleygordonfuels.co.uk

HPremierWindows

Windows, Doors & Conservatories

STANLEY GORDON Fuels

HEATING OIL AT

COMPETITIVE PRICES

CALL NOW TO PLACE YOUR ORDER!

We can provide you with a full range of Energy efficient windows, doors and composite doors in a wide range of colours!

- Conservatories, Sunrooms, and all types of window and door repairs.
- Replacement of double glazing units. .

NOW LOCAL WINDOW DOCTOR for a free Tel: 0777 598 6881 www.premierwindowsni.co.uk Find us on F @ premierwindowsni



call now

quote



L-R: Roy Skillen, Sport Lisburn & Castlereagh Committee Member, Erin Lunney,

Lisburn & Castlereagh City Council Sports Development Officer, Faron Morrison.

Food businesses get council assistance to manage allergens

Over 60 local food businesses were represented at a recent allergen seminar held at Lagan Valley Island, headquarters for Lisburn & Castlereagh City Council.

Council officers educated 180 owners and employees on how they can control the 14 main allergens within the foods they produce. This was an important seminar for all parties as food allergies and intolerances can be life changing.

Controlling allergens in a food business can be a life and death matter and may result in tragic circumstances as was the case for Owen Carey. Owen suffered a fatal allergic reaction having eaten a burger marinated in buttermilk after making staff aware of his milk allergy.

Councillor Caleb McCready, Environmental Sustainability Committee Chairman said: "It is great to see our local food businesses take the complex matter of allergens seriously. In 2022, 47% of hospital admissions in the UK were due to food

XAMPLES OF PPDS LABELS IAM DOUGHNUT

allergies attributed to restaurants. meals, and other types of catering. "With around million people the UK a food allergy hospital doubling years, 20 like this are important. By working with our

Environmental Health takeawav communities. in The council be holding a second seminar on Tuesday living with and admissions in the last businesses seminars Castlereagh



Officers local businesses can safeguard the health and wellbeing of our around will business 5th March for food based in the Lisburn and area.

If you would like to find out more about the legal requirements controlling allergens in your food reserve а place for the 5 March seminar. You can secure your spot by phoning us on 028 9244 7397 or emailing ehealth@ lisburncastlereagh.gov.



BOOK ONLINE www.hannoncoach.com теl: 028 9265 0700

Winter Warmers & Summer Sizzlers: **Our Big Spring Sale Starts 23 March**



THERE'S NOTHING LIKE LIVING FLAME from a wood burning stove for warming the bones and there's nothing like cooking outdoors with wood for that unique wood fired flavour. Even better when there's **BIG SAVINGS** to be had in our **Big Spring** Sale. Check out the great deals on the best stoves, barbecues, grills and pizza ovens in one of the largest specialist showrooms.



Kiltonga Industrial Estate Belfast Rd Newtownards BT23 4TJ T 028 9181 4443 Monday to Friday 10.00 - 4.00 Saturday 9.30 - 12.30 www.the stove yard.com



£30/TICKET ticket inculding 1 LEDglass

2course meal Monday-Thurday 4.30pm-6.30pm £16.95 **Friday-Sunday** 12.30pm-6.30pm £18.95 DJ NIGHT PARTY 70S,80S,90S **5TH APRIL** 9PM-1AM

3 COURSE MEAL £30 **Booking table-**02892780309 **1F**,Bentrim Road Lisburn,BT28 2GB



P7 PUPILS ENCOURAGED TO 'BEESAFE'

Over 900 Primary 7 pupils from across the Lisburn and Castlereagh area attended a recent 'Bee Safe' multi-agency community safety event. They all learnt the importance of staying safe both at home and outdoors.

The event was a partnership event and the between us Lisburn and Castlereagh Policing and Community Safety Partnership (PCSP). It took place Maze Presbyterian Church Hall, Lisburn over a four-day period. Other agencies present were the Police Service Northern Ireland. Northern Ireland Fire

and Rescue Service, Translink, Mid Down & Lisburn District Community First Responders and Royal Lifeboat National Institution. BeeSafe covered: bus

safety, fire safety, safety in the home, online safety, staying safe around dogs, water safety along with resuscitation & how to use portable defibrillators.

Givan. Councillor Chair of the Lisburn & Castlereagh PCSP, speaking about the

advice and tips to keep safe as they prepare to move to 'big school'. The transfer to a larger school can be worrying for pupils. They change from being the oldest to the youngest and meet new people. The agencies involved in this initiative wish to ensure their transfer is as safe and stress free as possible. "Each agency used hands-on exercises and interactive scenarios to encourage the pupils to think for themselves. This important skill help them as will take on more

they

in

of

initiative said: "BeeSafe

offers P7 pupils' practical

personal responsibility and experience new situations. A further 19 primary schools and 850+ P 7 pupils will take part virtual version а BeeSafe using resources provided to assist classroom-based

learning. Councillor McCready, Chairman of the our Environment and Sustainability Committee, added: "It is fantastic to see local primary schools support this event both in person

and online. On behalf of the council, I would like to thank all the agencies involved over the course of the event. I hope they will continue to work with us on future BeeSafe events as this is a hugely beneficial initiative

Raising awareness thro

ducation of the safety is:

ciated with the tre

post-primary s

for our children." he concluded.

For further information or advice on safety please contact us on 028 9244 7300, email ehealth@ lisburncastlereagh. gov.uk or visit www. lisburncastlereagh.gov.uk

economic growth and

job creation within the Lisburn and Castlereagh

area. It fosters better

places and opportunities,

which are key to shaping

good quality places in

which to work, live and

The site was formerly

the home of the Rolls Royce factory, which

made parts for aircraft

engines from 1966 to 1977. After this,

Dundonald

was used by TK-ECC

for the manufacture

including seatbelts, but

car

between

1966

site

components,

connectivity

play.

the

of

Live life at full volume

For exceptional care and outstanding service, make an appointment with a member of our team today.

Ear wax removal

- Hearing aid sales and repairs
- Custom hearing protection

2a Smithfield Square, Lisburn BT28 1TH 028 9264 0302 hello@lisburnhearing.com lisburnhearing.com

ISBURN HEARING CENT

Former Rolls Royce site in Dundonald gets green light for development!

Recently a £36 million investment in residential and employment development on the former Rolls Royce factory site in Dundonald has been given the green light.

Lagmar Properties, one Northern Ireland's leading development and investment companies submitted the planning application. the As part of company's 'mixed use' proposals, 95 new homes will be built on the old factory site on the Carrowreagh Road.

These will be a mix of detached and semidetached dwellings. Of the new dwellings, 20% will be earmarked for affordable housing. There will also

be excellent private amenities provided as well as public open spaces, parking for cars and bicycles as well as landscaping on the site. A vibrant economic

centre forms part of the THE

Find us on f The Wool Den

Opening Hours: Tues to Fri 10am to 5pm | Sat 10am to 2pm Contact Elizabeth 078 3337 1000 3 Chilton Drive, Ballynahinch

overall plans comprising of 31 business units (approximately 4,400 square metres floorspace), industrial and business use designed to be merged to create larger units if required. These will provide opportunities for businesses to grow and expand beyond the start-

of

light

other

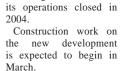
up phase. A total of 110 fulltime jobs will be created during the three years of construction. Longer term, 85 further fulltime jobs will be created within the industrial and business space.

This major development will help regenerate a brownfield site which has been vacant and derelict for

more than 16 years, transforming it into a thriving community setting, while meeting local housing and economic need. Planning The Committee voted the

application through amendment with one additional of internal linkages to be included. It will improve the local through area provision the of residential new and workspaces. On completion this threedevelopment phase will add to the existing vibrant community activity in the area.

This mixeddevelopment use positively contributes to our strategic aim of delivering sustainable





Lisburn Castlereagh job event is a success!

Lisburn and Castlereagh Labour Market Partnership, in collaboration with Lisburn Jobs and Benefits Office, recently held an employability event for young adult learners from Beechlawn School, Royal Hillsborough, to help them prepare to leave education and enter the workforce.



The event took place at the Lisburn Jobs and Benefits Office. Over 50 students took part in this interactive event where they were coached through role play interviews and shown how to search for jobs using the Job Centre's 'Digizone' technology. Students were also

informed of the help and support available

them from the to Job Centre and other organisations, as well as the role of Universal Credit and how it can help them achieve their goals.

Representatives from SERC, Stepping Stones NI and The Now Group gave talks on courses that are available and some past pupils from Beechlawn School were also involved to talk

Chair of & Castlereagh City Council's Regeneration and Growth Committee, Cllr John Laverty BEM, said: "This event provided a fantastic opportunity for young adult learners to become equipped with the tools and knowledge they need to embark

about their experiences.

on their journey into

employment.

Lisburn

"It is extremely important that every has young person the chance to thrive and contribute meaningfully to our Вy having society. the skills to progress the workplace, into these students with in confidence grow and develop a sense of independence. I wish them every success in their future.'



Do you suffer from loose dentures or missing teeth?

Mini Dent are the solution



Less Invasive Less Discomfor Less Healing Time Less Practice visit Less Expensiv

You can afford to smile again!

Mini dental implants are a more affordable solution for replacing teeth and stabilising loose or uncomfortable dentures. Instead of conventional implants, they can be placed quicker with less practice visits.

- No cutting

- No intense surgery - No stitching

- No bone grafting

Schedule a FREE consultation - Contact us today: 02890 451 966

E B D 1

East Belfast

Dental & Implants

Dental & Mini Implant Centre

65 Cregagh Road,

Belfast, BT6 8PX

Dr. Peter McCarron

minidentalimplantsbelfast.com



2 Bachelors Walk, Lisburn, Co. Antrim | eileen@lisburncreditunion.co.uk www.lisburncreditunion.co.uk



join a friendly and super-supportive group today!

THURSDAY

WEDNESDAY Lisburn City Elim Church, Lisburn City Elim Church, Trinity Methodist Church, 46-48 Belfast Road 5.30pm, and 7.30pm Call Christine on 07981 745742

slimmingworld.co.uk

46-48 Belfast Road 9.30am Call Christine on 07981 745742

THURSDAY Knockmore Road 5.30pm and 7.30pm Call Christine on 07981 745742

FRIDAY **Trinity Methodist Church,** Knockmore Road 9.30am Call Christine on 07981 745742

touching hearts, changing lives



Moving from Tax Credits to Universal Credit – important information

Over the past few months lots of working parents who have been in receipt of Tax Credits have received notification that they have to move onto Universal Credit instead.

Employers For Childcare

the Olde

Click & Collect and Delivery Service available,

view our Online Store for details.

19 Diamond Road, Dromore, Lisburn

Opening hours 9.30-5pm Mon-Fri and 9am – 5pm Sat

FREE DELIVERY AVAILABLE

PLACE YOUR

Garden Centre and Farm Shop

ve a fantastic range of many different and beautiful products

Our fantastic range of products includes: FRESH FRUIT & VEG DELIVERED TO YOUR DOOR Plants • Trees • Roses • Bedding & Bulbs • Shrubs • Garden Accessories

Compost and Fertilizers
 Pots
 Firewood
 Farm Shop

- Artisan Breads - Charcuterie - Deli and much more, view our online shop

Idemillgardencentre.co.uk/shop

OPENING HOURS Sunday closed Mon-Thurs 12-2pm 4-9pm - Fri & Sat 12-9pm

26 Grand Street, Hilden, Lisburn, BT27 4UD

www.andersonschipshop.co.uk ORDER FOR COLLECTION (0)28 9262 9873

20% OFF WITH THIS ADVERT

es - Huge range of Local & World Foods - Specialist in Chees

jarden including plants, shrubs, ceramic pots, hanging baskets and n

Universal Credit allows for higher financial support costs than Tax Credits and

Fresh Fruit & Vegetabl

028 9269 2244

Universal Credit. The Government has committed to ensuring no one is worse off by moving to Universal Credit by providing 'Transitional towards registered childcare Protection' to make up

so families using childcare

can often find that they

are better off moving to

AROMA

Find us on Facebook

are strict rules around the eligibility for Transitional Protection so you should always seek independent advice before applying for Universal Credit. Other benefit changes in 2024

benefits.

Credit.

In addition to households being moved to Universal Credit as mentioned above, the amount that is being paid through all benefits, including Universal Credit, Tax Credits, Housing

Benefit etc, is increasing the loss between what is from April 2024 by at least received under the old 6.7%. So, if you receive benefits, you may be entitled and Universal However, there to more money from April onwards.

For free, independent advice on the financial your family is support including entitled to, with registered childcare costs, call our Family Benefits Advice Service on Freephone 0800 028 3008. Last year, where we did a 'better off' calculation for a family, we identified an average of £5,600 in additional financial support.



Rest & Reflect at The Causeway Hotel

Experience the epitome of springtime bliss with our exclusive Rest & Reflect package at The Causeway

Hotel.

amidst Nestled the breathtaking landscapes of the Causeway Coastal Route, this offer is your gateway to rejuvenation and relaxation like never before.

Indulge in the ultimate overnight retreat, where every detail is meticulously

From the moment you arrive, you'll be greeted with a delightful array of treats including chocolates and Prosecco, setting the tone for a truly memorable stay. As the sun sets, delight your taste buds with a sumptuous three-course

comfort and satisfaction

crafted to ensure

your

meal prepared by our talented chefs, showcasing the finest local ingredients and flavors. Then, retire to your cozy room where luxury awaits, providing the perfect sanctuary to unwind and recharge. In the morning, awaken to the gentle sounds

of nature and savor a delicious breakfast to fuel your day of exploration. the And adventure doesn't end there - with



entrance complimentary into the renowned Giant's Causeway Visitor's Experience, you'll have the opportunity to marvel at one of nature's most spectacular wonders.

Priced at just £105 per person based on per person two adults sharing, this exceptional package offers unbeatable value for an

unforgettable springtime Whether vou're escape. seeking a romantic getaway or a serene solo retreat, Rest & Reflect at The Causeway Hotel promises to exceed your every expectation.

Book now and embark on a journey of tranquility and wonder amidst the stunning landscapes of

Giant's Causeway perfect awaits Your spring Causeway Hotel. To book vour То book your stay, contact our friendly reception team on +44(0)28 2073 1210. email reception@ thecausewayhotel.com or book via our website www.thecausewayhotel. com/packages



CAUSEWAY HOTEL ROOMS · DRINKS & DINING

REST & REFLECT PACKAGE

- 3 course dinner &
- breakfast
- sharing

CONTACT US

- 0 +44 (0) 28 2073 1210
- @thecausewayhotel
- reception@thecausewayhotel.com
- Overnight accommodation Free entrance to Giant's Causeway Visitor Experience
- £105pp based on 2 adults Chocolates & Prosecco in room on arrival



Action for Children



WHAT USE ARE **SLUGS AND SNAILS?**

I belong to a generation which routinely killed or removed anything which might eat or otherwise damage a plant we admired or wanted to eat, bedding plants perhaps or home-grown lettuce or radishes.



Enemy number one was the slimy slug, closely followed by snails (a wee bit less slimy because of their shells).

Back then, I gave little thought to their use or function in nature, but in recent I have years, as experienced the decline in our wildlife, particularly other invertebrates insects, such as I've become more aware of the importance of all creatures and how they interact as part of a balanced natural world.

Slugs and snails are loosely related over of evolution eons (slugs may have had shells at one time) and both live on the

mess that nature often leaves behind, mostly dead and dying plants, and, like earthworms and fungi, recycle that waste (more efficiently than we do).

Of course, if they encounter a juicy flower seedling or vegetable, they'll eat it. But in fact, in most gardens, the 'damage' they do is relatively minor, and outweighed by their value...as

food! Most people like to see birds, and animals such as hedgehogs, in their gardens, but killing off all the slugs and snails would remove an important food-source from them (frogs are also partial to a slug or two, and

some insects). Even worse, unless properly controlled, slug pellets can actually kill other garden wildlife. I no longer think it makes any sense to scatter poisons in flower or vegetable beds.

We may not like the look of them or be happy when they munch on a particular

plant, but slugs and snails are important to natural recycling, and as food for others... even us. Yes, I recall with satisfaction a of Escargot meal served in garlic oil and butter...but not from my garden of course. Vive les limaces, vive les escargots! JVA

THE HEALTH 20 successful years in business FOOT CLINIC

- Do you suffer from foot, knee, hip or back pain?
- Do you have an uneven gait?
 The problems could be originating in your foot/feet!
 We specialize in identifying foot conditions and alleviating pain to keep you on the move!
 Our conditions and the problem of the

 Our services include
 Bio Mechanical Foot Assessments
 Supportive and Affordable Orthotics supplied FIND OUT IF WE CAN HELP YOU!

028 9264 8661 |murielmagee@live.co.uk | www.thehealthfootclinic.co.uk



For more information visit: actionforchildren.org.uk/fostering

Tax planning for the new tax year

With the new 2024-2025 tax year about to start on 6 April, now is an opportune time to take stock of your finances and consider how you might wish to adjust your planning for the new tax year.

Effective tax planning can result in considerable benefits for you and your business, where various means of maximising allowances and minimising liabilities are examined across broad spectrum of taxation. This is

particularly pertinent in light of the annual particularly changes to many of these taxes and allowances, announced in the Chancellor's Budget each year.

Many SME businesses could benefit from the potential tax savings that come with the right planning. Areas that could be examined include remuneration packages, the extraction profits, dividend planning and options around additional pension contributions. Business owners may

also look at different options when it comes to their workforce. Whether

there are 2 employees or 200 employees, a myriad employee of benefit schemes are available. Limited company need owners to understand how any changes in corporation and capital tax allowances rules may impact their tax liability. They may also need to consider if they undertake any research and development work as they could benefit from making a Research and Development tax credit claim.

From an individual's perspective they may wish to look at pension and Gift Aid contributions, investing tax advantaged in or using a schemes transferable personal allowance to reduce their tax liability.

Thev should also regularly review their inheritance tax and capital gains tax situation

depending on their personal circumstances. This is only a snapshot of some of the key considerations for any business owner preparing for the 2024-25 tax year Many businesses will differ in terms of their own circumstances and trading environments. but all businesses can benefit from diligent tax planning that leads enhanced to cashflow and profitability. For information on how GMcG's Tax team can assist with your tax planning,

contact Christine or Harrison Janet Thompson on 028 9260 7355. For GMcG's analysis

of the impact of key announcements in the Chancellor's recent Spring Budget, or for a copy of our 2024-2025 Tax Rates datacard, visit www.gmcgca.com





Could your tax planning do with an overhaul for the new tax year?

We have experience in helping individuals and businesses across all sectors to understand and prepare for the latest tax changes, benefits and allowances that could affect them in the new tax year.

For more on how our Tax team could assist you with your tax planning, contact us on 028 9260 7355 or visit www.gmcgca.com/Tax-Vat

GM^cG Chartered Accountants **Century House** 40 Crescent Business Park Lisburn BT28 2GN T: 028 9260 7355



THINKING OF BUYING YOUR OWN HOLIDAY HOME ON THE STUNNING NORTH COAST OF IRELAND

NEW CUSTOMER

EXCLUSIVE

FREE 2024 Pitch Fees

FREE Set Up & Install

FREE Wi-Fi Router

FREE Aerial Set Up

FREE Gas Test & Certificate

With Every Holiday Home Purchase

PORTRUSH | PORTBALLINTRAE

For Holiday Home Sales 028 7082 4644

www.golflinksholidayhomes.co.uk

140 DUNLUCE ROAD | PORTRUSH | COUNTY ANTRIM | BT56 8JO

GRAND OPERA HOUSE PRESENTS THIS SH*T HAPPENS ALL THE TIM

The Grand Opera House has announced details of its production of This Sh*t Happens All the Time, a powerful take on a true love story set in 1990s Belfast, which will form part of its new programme strand 'The Studio Series', designed to champion local writers, artists, and creatives from Northern Ireland.

Written by prominent Belfast writer Amanda Verlaque, the play is set in 1990s Belfast and uses Amanda's personal experience of homophobia, misogyny, and coercive control to shine a spotlight on the societal challenges that remain for Northern Ireland's LGBTQ+ community. This Sh*t Happens All

the Time is a powerful take on true events that happened in Amanda's earlier life, looking back to when the Lurgan native was an undergraduate at University Queen's Belfast, embarking on an exciting new relationship, when her girlfriend's jealous ex-boyfriend retorted with murderous intent. intense and

The moving love story is set UDIO

Happens All the Time to the Theatre as part of our brand-new programme strand The Studio Series, which champions our local writers, artists,

This Sh*t Happens All the Time will run in The Studio at the Grand Opera House from 22 - 30 March 2024. Tickets are available online at www.

goh.co.uk, via telephone on 028 9024 1919 or inperson at the Box Office on Great Victoria Street. panel A post-show

with

discussion will take place on Wednesday 27 March writer Amanda Verlaque, Sally Bridge (PRISM), Sophie Nelson (HERe NI), Jo McParland (Cara Friend) and Kirsty

Mulholland (Pride). The panel will discuss key themes tackled in the show and issues faced by the LGBTQ+ community in Northern Ireland both in the past and today.

For full details and to book tickets visit: https:// www.goh.co.uk/whats-on/ this-sht-happens-all-the-

Leading diabetes charity to launch Live Well Hub in Lisburn

Diabetes UK Northern Ireland is set to launch a Live Well Hub site in Lisburn on 9th April at the **Resurgam Healthy Living Centre.**

ARE YOU LIVING WITH DIABETES? LEARN MORE ABOUT HOW OUR LIVE WELL HUB CAN SUPPORT YOUR HEALTH AND WELLBEING.





Resurgam Healthy Living Centre, 69 Drumbeg Drive, Lisburn, BT28 1QJ

For more information please contact n.ireland@diabetes.org.uk 028 9066 6646

be the fourth of its available kind in Northern Ireland, providing members of the local community with free information and resources to support their diabetes care as they hear from both healthcare local professionals and members of the Diabetes UK Northern Ireland team. Across

The new Hub will

to bring audiences on a rollercoaster of emotions and will be brought

to life on stage in the

intimate setting of the Grand Opera

120-seat Studio. Directed by Rhiann Jeffrey, the

Nicky Harley play multiple roles to tell this

true and challenging tale. Wilson,

Executive of the Grand Opera House said: "This fantastic

Verlaque, first seen at the

Lvric Theatre and now

produced by the Grand

Opera House, celebrates

the best of local talent,

incredible power of theatre in storytelling

around issues that matter.

showcases the

thrilled

This

one-woman show

celebrated

Ian

written

and

"We're

welcome

House's

local actor

sees

Chief

story

to

Sh*t

by Amanda

Ireland, nearly 112,000 people are living with diabetes. A further 66,000 people in Northern Ireland are considered to have pre-diabetes and are at risk of developing the condition during their lifetime. Commenting

the Live Well Hubs, Diabetes UK Northern Ireland Interim National Director, Roxanne Small, said, "We're so pleased

Northern

to provide our Live Well Hub offering to members of the local community in Lisburn. We understand that diagnosed being with diabetes can be very overwhelming and we hope this will offer members a space to connect with others, share their experiences, and hear from local healthcare professionals. People

are welcome to drop in at any of our upcoming dates, the team would love to see you there." Upcoming dates Resurgam Healthy Living Centre, 69 Drive, Drumbeg Lisburn, BT28 1QJ • Tuesday 9th April 1011am (Official opening)

• Tuesday 16th April 10-11am • Tuesday 23rd April 10-11am • Tuesday 30th April 10-11am

• Tuesday 7th May 10-11am

• Tuesday 14th May 10-11am If you would like

further information on the Live Well Hubs. please get in touch with the Diabetes UK Northern Ireland team at n.ireland@diabetes.



INSIDE OUTSIDE - LIVING



Room for Improvement: Home Design Trends for Spring 2024

From playful patterns to sustainable materials, here are some of the top home design trends to look out for if you are planning some home décor this year.

Sustainable Materials Sustainability is a growing concern for many homeowners, and it's no surprise that sustainable materials are becoming more popular in home design. In 2024, we can expect to see more homes incorporating ecofriendly materials such as bamboo, reclaimed wood, and recycled glass. Bold Patterns

Bold patterns are making a comeback in 2024, with homeowners looking to add a touch of personality to their homes. From geometric shapes to floral prints, bold patterns are a great way to add interest to any room. Natural Textures

This year we can expect to see more natural textures in home design. From woven baskets to jute rugs, natural textures are a great way to add warmth and depth to any

space. Statement Lighting Statement lighting is great way to add a touch of drama to any room. In 2024 we can expect to see more homeowners incorporating statement lighting fixtures such as chandeliers and pendant lights into their homes. Vintage Accents

Vintage accents are a great way to add character to any home. This season we can expect to see more homeowners incorporating vintage pieces such as antique mirrors, old-fashioned clocks, and vintage textiles into their homes. Bold Colours

Embrace bold colours. From deep blues to rich greens, bold colours are a great way to add drama and interest to any space.

Smart Home Technology Smart home technology is becoming more popular in homes across the UK, and it's no surprise why. Voiceactivated assistants, smart thermostats, and automated lighting systems are now



your home, you can create a these space that is both stylish and home design trends into functional!

Jacksons of Saintfield find something special this **Spring!**

Looking for something special - a precious gift or simply something fabulous for your home or Garden?

Jackson's of Saintfield is a long-established, familyrun department store located at 38-54 Main Street, Saintfield. They stock a variety of garden furniture, health foods, cookware, fashion items, and more. They are part of the Home Hardware group and offer a wide range of products including housewares, D.I.Y. materials, and ironmongery. their homeware In department you will find beautiful wall art, sparkling décor ideas, elegant cookware, the latest Ninja air frvers or coffee makers!

Some of the brands they stock include Stellar, Judge, Galway Belleek Living, Glassware, Horwood, Le Creuset, and Nespresso. This month (February)

> FREE **DELIVERY** & ASSEMBLY! WITHIN 25 MILE RADIUS OF BALLYCLARE

> > Check Our Website or Phone our

Offices for

Monthly

Offers.



there is a massive garden furniture sale with six seater firepit sets from £999, Bistro sets from £199. Call in today to pick up early season deals not to be missed!

Key cutting services are also provided for various

household mortice keys. departments located across household cylinder keys, four locations in the heart of security keys (dimple and Saintfield.

laser cut keys), patio door keys, and office keys. The store is open from Monday to Saturday between 09:00 and closing

Ideal 🍊 Finance 🛛 **Finance**

Retail Finance Specialists - Available

You can access of their products via the website jacksonsofsaintfield.

com store

or through the Saintfield or their Moira



By

incorporating

CONTACT US: 02892 622356 www.johnstoncontractsltd.co.uk 223 Moira Road, Lisburn, BT62 2ST nfo@iohnstoncontracts.co.uk

VISIT US FOR YOUR NEXT PROJECT

BATHROOMS

BUILDING



Ballyclare, Telephone 028 9335 4699

SPRING

Visit: www.hillheadsheds.com

Open: Mon - Fri 8am - 5pm • Sat 9am - 1pm

Email: info@hillheadsheds.com



Smyth Patterson

18 Market Square, Lisburn

028 9266 2707

www.smythpatterson.co.uk

GET ENERGY EFFICIENT AND SAVE! washing machines, also

Insulation

A simple hot water tank cover can cost as little as £10-£15 but it could save you three times this much in a single year. kitchen foil

INSIDE OUTSIDE - LIVING

Put behind your radiators to reflect heat, according to the National Energy Foundation.

Seal doors and windows quickly and easily using selfadhesive foam and rubber strips, and draught excluders.

Seal up any gaps between your floors and skirting boards and, together, these measure could save you more than £50 a year, according to the EST.

Insulate your loft and walls properly - about a third of an uninsulated

home's heat is lost through the walls, and about a quarter through the roof. Just topping up your

loft insulation can also shave a substantial amount off your annual bills. Consider secondary

and double glazing -almost 20% of heat loss from the average home comes from windows. Heating

Upgrading old electric storage heaters to alternatives modern can save you more than £100 a year, and in some cases considerably more.

Replacing an old, inefficient boiler with an A-rated condensing model could save as much £300 a year, although you will have to decide whether this is worth the $\pounds 1.000$ to £2,000 cost of buying and installing one.

Even fitting a room thermostat could save you more than £50 a vear.

Energy-efficient behaviour Turning off appliances

when you're not using them, switching plugs off at the wall and avoiding standby mode on TVs, computers, stereos and such, together with switching off lights when you don't need them could save you almost £50 a year.

Wash your clothes at 30 degrees instead of 40 and don't use a tumble dryer in the summer, and you could save another £30.

Upgrading appliances/ electronics Replacing

spending a little extra

to get the most energy-

efficient model you can

They are all rated by

law, from A to G, so you

can tell how efficient

there is a great deal of

variation within these

bands, so also make

sure you look at the

Some appliances, such

dishwashers and

specific figures

are. However,

consumption.

on

fridge

afford.

they

energy

as

old an and A+. freezer Very roughly, a new or dishwasher just to efficient could save you between save on energy is not a particularly efficient £20 and £40 a year on way to spend your money, but if you energy bills, according to the EST. need to replace any More domestic appliance, then it may be worth

modern consumer electronics are also more energyefficient. And if you're looking for a new television, bear in mind that LED TVs are more efficient than LCDs. which in turn are a good deal more efficient than Plasmas, according to

Which? Not strictly an appliance, granted, but replacing old incandescent light bulbs with energy efficient versions can save you £3 a pop.

Hello Spring at Smyth Patterson! After a long winter the weather is finally starting to turn and there's no denying Spring is on its way.

Just in case you are wondering what interesting products are on sale this eason, we decided to check some of the extensive range at Smyth Patterson. Air frvers have transformed the way many people cook and we wonder, are Ninja going to do it again with their Woodfire Electric Barbecue. It works as a barbecue, grill,

be a great addition to any garden Bosch continue to develop their range of cordless battery appliances. The Easy cut grass cordless is a relatively light and easy to use strimmer will make that life a lot easier for most gardeners. Selling for £99

smoker and air fryer. It will

at Smyth Patterson, it's a useful addition to any

Cuprinol Garden The Shades range of paint has been specially developed to colour and protect sheds, fences and other garden wood. Its special pigments ensure a rich colour and allow the natural woodgrain to shine through. The choice

garden shed.



Smyth Patterson staff, Gordon McDonald and Lara Jennings, demonstrate some of the gardening equipment on display.

of colours is vast with various shades of blues. greens, yellows, pinks and greys. A 1 litre tin of Garden Shades at Smyth Patterson is selling for £12.99.

We're all hoping for good weather this year and when it comes, what better way to enjoy than with some garden furniture. Unfortunately,

is lightweight, comfortable and attractive. The 4 seat set is on offer for £899 a saving of £100. Smyth Patterson currently have a Spring promotion running with many of their products discounted to give

designed to weather well.

Not so the Porto Aluminium

set at Smyth Patterson.

Aluminium doesn't rust and



We supply high quality vertical transport solutions throughout the UK and Ireland and have been in business more than 30 years.

Our hybrid luxury home lift adds style to any home. It is the most versatile lift of its type in today's market with an unrivalled range of premium lift car finishes including stainless steel, glass granite, Formica, Formica and solid oods. The Hybrid lift can be designed to suit almost any space utilising our bespoke tailored solutions comprising of multiple lift car sizes and door

The Hybrid Lift can be installed in a block or structural stud shaft, or a fully glazed scenic self-supporting structure with glass lift car. The Hybrid lift is easily installed, safe to use and requires little maintenance

Hybrid features at a glance

 Range of lift cars and door sizes Automatic sliding and hinged

· Low pit

- Extensive range of car finished
- Option for self-supporting structure
- Single phase power
- Low power LED car lighting
- · Automatic return -to -floor on
- power failure Low maintenance costs

Head Office

Olympic House, 2 Lissue Walk, Lisburn BT28 2LU Telephone: +44 (0)28 9262 2331

BUREAU

Bespoke Luxury Lifts for the Home OLYMPIC

LIFTS

Constructionli

www.olympiclifts.co.uk

(A) 0000

have grades A+++, A++

appliance

Lisburn Credit Union: Celebrating over 50 years of Empowering Financial Well-Being!

Lisburn Credit Union is a financial institution committed to promoting the financial well-being of its members. Founded on the principles of mutual self-help, it provides a range of innovative financial products and services. Let's delve into the story, mission, and offerings of this community-focused credit

union. The Credit Union Movement

The roots of the modern Credit Union movement trace back to Germany in the mid-19th century. Friedrich Willhelm Raiffeisen, the Mayor of a small town, es-tablished societies that later evolved into Credit Unions. These institutions aimed to empower people in reliev-ing debt and poverty. Today, Credit Unions continue to embody these principles worldwide.

Lisburn Credit Union's Mission Lisburn Credit Union op-

erates with a clear mission: to enhance the financial well-being of its members. Here's how they achieve this: Innovative Financial

Products: Lisburn Credit Union offers a broad range of financial products, including savings accounts and loans. These programs are designed to benefit members and are administered with sound management practices.

Member-Centric proach: As a democratic, financial co-operative,

Lisburn Credit Union is owned and controlled by its members. Everyone shares a common bond, whether it's residing in the same area or working in a specific industry.

Professional Dedication The Board of Directors, management, and staff are committed to consistently and professionally fulfilling the credit union's mission. Their efforts focus on maintaining financial strength while serving the community.

Savings Accounts When you become a member of Lisburn Credit Union, you gain access to fair and reasonable rates on savings.

Whether you're setting aside funds for a rainy day Flexible Terms: The credit union or a specific goal, the credit works with you to create repayment schedules that suit union provides a secure enyour financial situation. vironment for your money. Community Loans Credit Union

Lisburn offers loans tailored to your needs. Here are some highlights: Competitive Interest

Rates: Enjoy favorable interest rates on personal loans, car loans, and other credit



Lisburn Credit Union staff and Directors with the Lord Mayor of Lisburn

Repayment Phone: 028 92 67 0194

Email: eileen@lisburn creditunion.co.uk Website: www.lisburncreditunion co uk Support: Opening Hours By borrowing from Lis-burn Credit Union, you're Monday: Closed

Wednesday: Closed

Friday: 9:30 am - 4:00 pm Saturday: Closed (Closed for lunch from 12:15 pm to

1:00 pm) Whether you're saving, borrowing, or seeking finan-cial advice, Lisburn Credit Union is here to serve its members with integrity and dedication. Join today and be part of a communitydriven financial institution!

Patterson

Home & Garden Ltd.

STEP INTO SPRING



ERVICES

- Garden Maintenance General Garden
- tidy ups
- Lawn mowing & edging
- Lawn treatments
 - Lawn scarification
 - Hedge cutting
 - Flower bed maintenance
 - Leaf cleaning
 - Power washing
 - Landscaping
 - Paving
- Planting
- Turfing & seeding lawns One off bespoke jobs and regular

maintenance undertaken. Call: 078 9470 4069

Email: patterson.gm@hotmail.co.uk www.pattersonhomeandgarden.co.uk

Find us on Facebook





YOUR PERFECT HOME STARTS WITH A GREAT DESIGN

BOOK YOUR FREE DESIGN & PLANNING SERVICE

Howdens offer a FREE Kitchen and Bedroom design service so you can get the very best results from the space available. Quality the trade trust, now in bedrooms, choose from various designs for every budget and every style. Our design team will sit down with you and your builder to go through your plans to you preferred specification. If you do not have a builder on board yet, contact us and we can certainly point in you in the right direction as we have an account base of over 800 local tradesman who would be more than happy to help.



Riverside Commercial Centre, Young St, Lisburn BT27 5EA · lisburn@howdens.com

LEAF IT TO THE EXPERTS!

Retro trends for Houseplants

While many garden centres say it is rare and unusual indoor plants that are most wanted now, the wider trend is for old-fashioned foliage houseplants such as Monstera cheese rubber plants, plants, vucca, ficus and dracaena. Houseplant sales continue to rise among existing

garden centre customers. So much so that Growers have been struggling to meet demand for simple foliage plants. and succulents

Cacti (the darling buds of last year) are also still in high demand. figures show houseplant sales have risen 1.1% this year, but the average price of the biggest seller, the Phalaenopsis orchid, has dropped by almost 10%, showing an oversupply in the market. Driving demand is the

relatively young generation — that is from teens to 30s - who have a need to return home to some sense of reality using green plants to balance their internet/social media hours spent in virtual worlds on a screen

FloraHolland Indoor plants are companions that are beautiful, can be nurtured easily, but do not need daily walking or feeding. Houseplants fulfil this role and are introducing a new generation to the world of plants, albeit in a small but vital way. These are the plant lovers of the future so in this respect the huge trend for indoor plants is open-

community

Northern Ireland

ing a door to a greener future for all. The instagram effect is also driving the younger plant-buying market.. The Monstera [cheese plant]

is super popular at the moment and has been for a few years. Nostalgic of the 1970s, the Monstera is in really high demand and some sizes are not always available from growers, which results in having to pay a premium price.

Houseplants have seen huge growth of 50% or more in garden centres and other retailers such as Ikea over the past two years, powered by Instagram pictures, nostalgia and appreciation of the benefits they have for cleaning air in homes.



Tuesday: 9:30 am - 4:00 supporting a local institution that reinvests in the Thursday: 10:00 am - 4:00 Address: 2 Bachelors Walk, Lisburn, Co. Antrim,

INSIDE OUTSIDE - LIVING

TIPS FOR A CHILD-FRIENDLY LIVING SPACE

Having a home you can be proud to show off is no mean feat when you have young children.

You want a clutterorganised, free. relaxing space, but the kids probably have other ideas. Well with some smart purchases and clever storage solutions, you can achieve a style that evokes serenity and calm, even if your real life is far from it. Here

are some tips and tricks to help create a childfriendly living space. For walls, consider darker colours instead of lighter ones. especially on lower surface areas that are prone to scuffs, knocks and could be used as a canvas for a potential cravon

JD Flat Roofing is a fully insured family-run

roofing business based in Lisburn. Our aim is to provide a comprehensive

service with our customers at the heart.

Get straight

through to our local team on: masterpiece. Choose a hard-wearing interior paint that is scuffresistant, wipeable and up to ten times more durable than standard matt emulsion. For floors, opt for laminate and wooden flooring in high-traffic areas. When choosing carpets for living rooms,

TRUST US WITH YOUR

FLAT ROOFING SOLUTION

Here for all your roofing needs!

similarly, consider darker colours as they will show the least amount of stains. There's now a full range of child-friendly carpets available, many of which also come with stain-resistance as an added bonus.

When choosing sofa, large corner styles are ideal for family living spaces. Leather sofas are particularly childfriendly as they look smart, classic and most importantly can wipeclean. Some fabric sofas also come with a Staingard service to protect your fabric sofas in the likely scuffs.

will accessories give you a polished finish and help any potential Think at draw the eye away from any mess. contemporary patterns and textures in a range complementary of colours. Blankets and throws are warming and welcoming (and they're also useful for hiding spills on sofas and chairs where

needed).. Your hallway is the first thing you see when you walk in the door, and for most families, this will involve a display of strewn coats, wellies, sporting gear, school bags and books.look for clever storage that can fit into the space under your, resulting in a clutter-free hallway, freeing up floor space and removing obstacles which is especially useful if you have to manouvre prams and car seats through the

FAMILY

FRIENDLY

LIVING

Enjoy your sofa with peace of mind...

The Orson Resilient Fabric Corner Sofa from EZ Living is the perfect addition to your living room. It's blend of style and functionality offers not only an exquisite appearance, but also remarkable durability, making it ideal for busy households with pets and children. Including

Resilient Aqua Clean you can Fabric, so effortlessly wipe away most spills and stains. Choosing your rug

according to its intended function will make sure that it stands the test of time. This Evet Two Tone Jute Rug is a durable and handwoven. With its classical styling

and bold contrast weaving, it's both functional and timeless. EZ Living Interiors Premium Fabric Kit is essential in maintaining the soft furnishings of your home. Contains 3 specialist products to clean, remove stains and deodorise your furniture.



we'relocal

Friendly staff amd the reassurance of working with the local company that really understands your needs come as standard.



we'reexperienced

We're new to the market but we have a lifetime of experience working in the Insurance market in Northern Ireland.

we'recompetitive

We think we're the best in the business - best policy, best price, best service. We'resure we're ahead of the competition

www.weresure.com

Find us on 📑 🗾 🔯

The Lisburn Advertiser is published by EDA Media, No 14 Windmill Business Park, 19A-31 Windmill Road, Saintfield. BT24 7DX - This Paper and its contents are copyright and no part may be reproduced without the prior permission of the publisher. 15000 copies with Royal Mail, TDNI and a network of shops. All Calls are recorded for training, quality and control purposes. Tel: 02897 511002 - Fax 02897 511008 - Email: info@edamedia.co.uk - Visit: www.edamedia.co.uk. Visit The Lisburn Down Advertiser Facebook page for our Digital Issue.

9131 1011

Motor, Home & Business Insurance

INSIDE OUTSIDE - LIVING

Jacksons of Saintfield

38-54 Main Street Saintfield, BT24 7AB

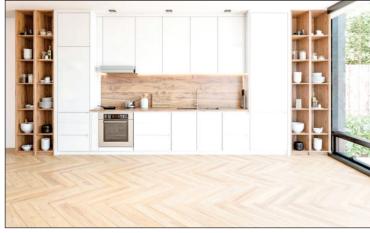
Jacksons of Moira

100 Main Street Moira, BT67 OLH



HOME INTERIOR DESIGN TRENDS FOR SPRING 2024

The interior design world is buzzing with new trends and ideas. According to House Beautiful and Zillow, the following are the top interior design trends for spring 2024:



Statement pieces: In 2024, we will see a shift from filler pieces to conversation starters. Sculptural furniture is coming to the fore, which means that even your smallest side table can make a big statement.

New neutrals: The evolution of Scandiinspired design, from cool and minimalist to cosy and cocooning, informs an array of warm neutrals in 2024. Greys are being swapped for earthy beiges, contemporary off-whites and taupes that sit so well with the natural materials and modest decoration of Scandi homes.

Ruffles: Ruffles – for the most part applied to cushions and table linen – are adding a bit of fun and whimsy to our homes. It's usually matched with a gingham print, ice cream shades or candy cane stripes like these fabulous Amuse Bouche examples from Rose & Grey.

The one-wall kitchen: The one-wall kitchen is truly an exercise in ingenuity. This diminutive layout requires a real balance between storage capacity, functionality and flow – it can be tempting to install a whole row of cabinets on your one-wall kitchen, but that can be imposing. Open shelving can be a bit of a visual break, and adds opportunity for decoration – an important element in an otherwise functional space. L-shaped and chaise sofas:

The pragmatic amongst us are saving space with L-shaped and chaise sofas, turning awkward alcoves into seating. These sofas are perfect for small spaces and can be used to create a cozy and inviting atmosphere in the living spaces.

Relaxed silhouettes: In 2024, we will see new relaxed silhouettes in interior design. This means that we will see more of comfortable and cozy furniture in our living

spaces. Playful trimmings: Playful trimmings are making a comeback in 2024. We will see more of bold patterns, textured fabrics, and personalized decor items in our living

spaces. Vintage shopping: Vintage shopping is becoming more popular in 2024. It's a great way to save money and reduce waste. You can find unique pieces from flea markets and secondhand sellers destined for upcycling and repurposing.

Sensory gardens: Sensory gardens are becoming more

popular in 2024. They are a great way to connect with nature and create a relaxing atmosphere in your home. Murano glass chandeliers: Murano glass chandeliers are making a comeback in

2024. They are perfect for adding a touch of elegance and sophistication to your living spaces.

Traeger Grills and Smokers, will help you widen your horizons too. You can even control them and set automatic reminders for different stages of the cooking process while you're heading home from the supermarket with the beer and wine. A Traeger Grill will also handle a ur variety of foods for the biggest of family feasts

The Disability & Bathroom Centre SPECIALISING IN ALL DISABILITY EQUIPMENT

Complete Bathroom Refurbishment

DISABILITY PRODUCTS • Walk in Baths with Door • Level access, easy access, Shower Enclosures • Easy Remote Control Stair Lifts • All disability and bathroom equipment

supplied installed & serviced • Loler Safety Inspections carried out periodically

www.thedisabilitycentre.co.uk thedisabilitycentre@hotmail.co.uk

T: 028 4272 8580 M: 07802 298910 20 The Square, Portaferry, BT22 1LW Inconsonation Easy Baths, Showers, Stair Litts & Litus



In case you missed it, cooking outdoors has undergone a revolution. Forget burnt burgers and bangers or expensive takeaway pizzas.

Today it can be a walk in the park to produce great restaurant quality food in your garden or back yard. Now your outdoor food is only limited by your imagination and even then the best brands give you a wealth of tasty, tried and tested recipes specifically created to help you make the most of their appliances. The Big Green Egg, beloved by the world's best chefs, is a case in point. With an Egg you get access to literally hundreds of recipes and how-to videos. There's plenty on YouTube too, even some produced by Newtownard's very own Eggsperts at The Stove Yard, who also provide live demonstrations and tastings

in the summer months. Whatever style of cooking you wish to undertake a Big Green Egg will make it ever-so easy for you. Sear, roast, bake bread or pizzas, smoke, cook slow and low, cook in the pan or cook Mediterranean plancha style. With the Egg's precise temperature control it's going to be perfection every time.

with ease when you need it to. No wonder it's the USA's number one pellet grill and smoker. Then there's the UK's own, award-winning

Gozney portable outdoor pizza oven for that authentic wood fired pizza flavour when and wherever you want to make a day of it. How could you resist a delicious pizza every two minutes, especially when there's a queue of hungry kids to keep happy? No need to be a money-saving expert to understand that not only will your pizzas taste so much better because you've made them yourself but also because they'll cost a fraction of what you've been used to

paying. As The Stove Yard's Pete Gough says "Since

lockdown we've seen a sharp increase in interest in outdoor cooking, so this year we're kick starting the barbecue season with some tremendous savings in our Big Spring Sale starting on the 23rd of March. Our customers can then make the most of their new appliances at the very first sign of sunshine. We'll be

displaying what we believe are three of the very best brands – Big Green Egg which is exclusive to us, Traeger Grills and Gozney pizza ovens."



Sandra describes the rewards of becoming 'The Greatest Loser' with Slimming World, Lisburn

"The minute I walked into my Slimming World group, all my initial fears instantly disappeared, as I was met by my Consultant Christine – with a big smile – who instantly put me at ease."

Since that first group on the 16th September 2021 Sandra has lost almost 7 stone and credits becoming part of a such a fun and supportive community for her inspirational achievements.

JM Services

Construction - Agri - Electrical

COVERING ALL DOMESTIC

BUILDING WORK

BUILDING & ELECTRICAL WORK

Renovations & Mini Digger

Excavation Work

Garden fencing

Garden alterations

T: 077 1873 3296 Find us on Facebook

E: murrayjohn170@gmail.com

love Slimming "I World's Food Optimising plan. I can still enjoy all my favourite foods and enjoy nights out with my husband and family. My daughter Meghan

joined with me. She is now at her target weight having lost over 3 stone. We have supported each other both with food and being walking buddies whilst following the Slimming World's Body Magic programme. Before I lost my weight I would have

hidden below trousers and baggy tops. Now I love to wear dresses and feel so much more confident.

I'm looking forward to warmer weather and getting back to my love of gardening which used to be a real chore but now is such a pleasure". Sandra attends the Thursday morning class at Lisburn City Elim Church where she was recently crowned as the Greatest Loser 2024.

If you want to know more about joining a local Slimming World group contact Christine on 07981 745742.



7 tips to consider when adding an en suite

These days many potential buyers consider at least one en suite bathroom a must-have for the master bedroom.

brick wall.

When consider what

furniture and bathroom

equipment you will be

You want the en suite to be attractive and seem as spacious as possible so that it gets the use it deserves. Here are 7 top tips to consider when planning your en suite addition:

It's important to check your water supply and accessibility. drainage If you cannot access the main soil pipe then you

macerator, thus increasing the overall cost of your installation. Be sure to plan all pipework and electricity supply cables carefully, ensuring that they are well hidden whenever possible. Be sure to utilise your ceiling or under floor space if you have it. Remember that

will need to install a

ventilation is now a regulations building requirement. When planning anything within a small space, it's important to implement good ventilation to ensure plenty of fresh air.

Be sure to insulate the entire area properly to most prevent condensation, especially if the en suite has one wall as an outer

distracted, and utilise mirrors and decorative spot lights wherever possible.

using in the en suite, look to keep your design minimal and maximise the

Not every en suite addition needs to be limited to a small space

available space. Space isn't something of us have abundance. Look to utilise a single colour scheme so the eye doesn't become in the bedroom area

added to your master bedroom. Of course, the toilet area needs to be private but other additions can potentially be placed







Full Time Permanent Positions Open to All – Apprentices and Craft Technicians

Regency Carpet Manufacturing, based in Balloo Industrial Estate in Bangor, is an nationally and internationally renowned domestic carpet manufacturer. We are continuing our exciting initiative, with the aim of attracting more talented individuals with diverse gender, ethnic and or cultural backgrounds. Our hope is to continue to employ, educate and develop individuals to the highest standards, affording them the opportunity to attain nationally recognised vocational qualifications. We will help them achieve their full potential whilst working in a safe, progressive and forward-thinking environment.

Although academic qualifications can indicate intelligence and discipline, we certainly recognise that qualifications do not define ability or potential. We strong believe that everyone deserves a chance to demonstrate your ability and be enabled to fulfil your potential, whilst being cared for and rewarded accordingly.

If you believe that you can commit yourself to a four year craft apprenticeship, or craft technician course, whilst being paid to the industry highest standard then please contact:

E-mail - foneill@regencycarpet.co.uk or phone 028 9127 0900 for more information and an application pack.

028 9127 0900 | 9 Balloo Ave, Bangor BT19 7QT

All's well when the lawn's well.

Over recent years many of us have found a new appreciation for our garden spaces.



5th MAY

2024

a space for relaxation and recuperation They truly do provide recuperation best garden is alongside enjoyed а lawn. luscious green Whether your garden is large or small, we're here to help you achieve a lawn you can all enjoy. GreenThumb Lawn Treatment Service expertly treat lawns - turning them from tired, weed infested grass areas, to lawns you can be proud of. GreenThumb Lisburn is family-owned, with a team of fully trained. local lawn operatives

We have three treatment programmes that include treatments per year of nique bespoke feeds, unique professional herbicides, and our Oasis water conserver. Plus, additional beneficial treatments dependent on the treatment programme. Whatever problems your lawn may suffer from, you can rest assured we will have a solution to transform your piece of grass into a lush, weed-free centrepiece to your garden. It's not just when we treat your lawn, you'll benefit from GreenThumb. You

can contact us any time for advice on all things lawns, because we know the secret to a perfect lawn is working together. Get in touch today for a FREE lawn analysis and no-obligation quote: lisburn@greenthumb.co.uk or 02890 357 850.

TIP: One of the most important lawn care jobs for a good-looking lawn is correct and regular mowing. As the weather warms up it's likely your lawn will need mowing weekly. You should keep the cut between 25mm (1") and 40mm (1.6") in length.



Youth on the Move with growth in yLink Card

Young people in County Down are voting with their feet as Translink reveals a massive 64% growth in the use of yLink proving more and more are choosing public transport as the smarter, greener way to stay better connected.

The card, available to everyone aged 16-21, offers 50% off single fares across all services Translink's bus and on rail network. Commenting on

the increased number of young people now travelling ĥу bus or rail with yLink, Maeve Nethercott, Brand Representative at Translink, said:

BARNEY'S SHOE REPAIR

10 Church Street, Ballynahinch, BT24 8AF

Telephone: 028 97 56 5949

Dry Cleaning service Now Available

Key Cutting • Security Keys Cut • Spare Car Keys Cut

100

100

"As students return for the new term it's great to see so many young people choosing to make the most of the yLink card to get to university, college, work, and to socialise

with family and friends. "We know from our engagement with young are people that they increasingly aware of the climate crises and the need for reducing emissions by changing travel behaviour towards more sustainable transport.

"The cost of living crisis has also severely impacted on young people so the 50% discount is also helping them make their to money stretch a little further combined with the other partner offers for social, and lifestyle leisure activities that come with a vLink card

Co Director at the Northern Ireland Youth Forum, added: "We know from our engagement with young people that climate and cost of living are two issues high on their list of concerns. Access to good public transport services is extremely important to enable young people to travel for school, college, uni, work and socialising. For more information about Translink's yLink card and how to apply, as well as details of exclusive discounts and partner initiatives, visit www.translink.co.uk/ yLink

Natalie Corbett, Interim

RUN, WALK, OR RELAY FOR AIR AMBULANCE NI MOYPARK BELFAST CITYMARATHON

OTHERS LIVE

BELFAST

WHEN YOU

GIVE

AIR AMBULANCE

RECT I

BELFAST

ARATHON.COM

Air Ambulance NI is the official charity partner for

Belfast City Marathon 2023 - 2025 028 9262 2677

.airambulanceni.org



OUR MEDICS FLY BUT ONLY WITH YOUR SUPPORT

Play your part and ensure the medics and helicopter are there for you and your family. It might one day save your life.

Air Ambulance NI is a charity that in partnership with the Northern Ireland Ambulance Service (NIAS) provides the Helicopter Emergency Medical Service (HEMS) for the region.

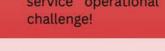
The HEMS team attend patients who are seriously ill or injured, bringing emergency pre-hospital care directly to the scene of an incident with the aim of saving lives, brains, and limbs.

It costs £6,850 every day to sustain this service. Air Ambulance NI is asking you to take part in the Belfast City Marathon and fundraise or donate to keep the life-saving service operational while taking on this fun, personal challenge!

RUN THE FULL 26.2 MILE MARATHON

RELAY IN A TEAM OF 5 COVERING DISTANCES OF 4-7 MILES

WHEEL THE FULL 26.2 MILES





Issue 101 - Support Local



Getting married? Let us come to you with freshly baked donuts, home made gelato & coffee

Also available for:

- Staff Appreciation Days
- Corporate Events
- Sporting Fixtures
- Street Festivals
- Private Functions

IINI MARVELS ARRIVE FOR SPRIN

As a 3-door model in its fifth generation, the all-electric MINI Cooper underscores the brand's tradition with its hallmark MINI design and stands for urban driving fun.

making the model the

characteristic face of

In the interior, the design of the front

section harks back to

the elegantly minimalist

design of the classic

Mini with a slim and

dashboard

multifunction

MINI.

generous

and а

MINI The new Countryman has grown in external dimensions and offers its passengers even more space, comfort, and safety - even beyond paved roads thanks to all-wheel drive. The new MINI Cooper and the new MINI Countryman are both fully electric, guaranteeing locally emission-free driving and emphasising the position exceptional the MINI has in its respective segment by combining distinctive design, advanced technology drivetrain and an immersive digital experience.

go-kart Electrified feeling and an immersive user experience take the MINI DNA to a new level. The new all-electric MINI Countryman has grown and emphasises its suitability for setting out

on adventures beyond the city limits. In addition, the MINI Aceman is set to premiere in April 2024 as a crossover in the premium small car segment.

vehicles The new enable locally emissionfree mobility and MINI drivers allow to adapt them to their lifestyles different and requirements. The hallmark MINI creative use of space offers maximum flexibility as well as enabling a high degree of variability in terms of interior design. The user experience takes a noticeable technological leap with the MINI Operating System 9, which has been optimised for touch and voice control. The round OLED display, the MINI

Interaction Unit, is both

in the Cooper E variant and as the Cooper SE, featuring higher output and range. Within the MINI family, new

er" refers MINI 3-d "Cooper" 3-door all 5-door models, and and also the MINI Convertible. It is no longer used as an engine specification. The classic round headlights and the

an instrument cluster

as well as the centre of

experiences and comfort.

aesthetic appeal of the

interior by reducing it to

the essentials and adding

a new level of well-being

Going into its fifth

model generation, the

MINI Cooper 3-door still embodies the core

of the brand. As an

all-electric vehicle, the new MINI is available

surfaces

the

Textile

revolutionise

and warmth.



feeling. The central OLED display, the MINI Interaction Unit, sets a new standard with high resolution its and contributes to the heightened presence of the circular instrument, which has a diameter of 240 millimetres. new MINI The

Intelligent Personal

"Hey MINI". Being able control numerous to functions with voice control increases comfort, facilitating greater concentration on driving. newly designed The reduced toggle bar with five switches includes all driving functions and is ideally positioned for the driver below the circular instrument. The gearshift together with the central eliminated been has additional create storage space between the front seats. In the wireless charging area in this storage space, mobile devices can be charged and conveniently accessed at any time.

Higher, longer, MINI - with an additional centimetres in and thirteen centimetres in length, the new MINI Countryman has grown noticeably compared to its offering predecessor, even more space and comfort. Wider wheel arches and a clear. modern design enhance the crossover aesthetic appeal of the rugged MINI adventurer. The MINI Operating System 9, which has

optimised

touch and voice control,

for

OLED display with a diameter of 240 millimetres and many new, digital additional functions in the MINI Connected Package, noticeably raises the level of hallmark MINI driving fun in the cockpit of the new MINI Countryman. This also becomes apparent in the newly designed multifunction steering wheel with twospoke design and optional textile strap instead of the classic lower spoke. Compared to the MINI Cooper, the air outlets in the cockpit are arranged vertically and, together with the upright dashboard, emphasise the character of the new MINI Countryman.

The new electric 2024 MINI Cooper arrives in showrooms in April, priced from £30,000.

Toyota prepares new and upgraded models for 2024

been

Toyota will look to build on its record-breaking sales success in 2023 with a series of new and upgraded models during the coming year.

One of the key introductions will be a new battery electric model based on the Urban SUV Concept revealed at Toyota's Kenshiki forum in early December last year. The production version will be the most compact and accessible model in a planned line-up of six Toyota dedicated BEVs to be launched by 2026 The Urban SUV Concept

has a compact body set on strong shoulders and a high driving position. Drawing on Toyota's experience developing the successful Yaris Cross, space is max-imised in a flexible interior that can easily be adapted to prioritise passenger or load

capacity as required. Both front and all-wheel drive powertrains will be available, together with a dual battery strategy: customers will be able to choose between two battery options, with different capacities to suit their priority for accessibility or driving range

Keeping the focus on pure electric power, the bZ4X mid-size SUV remains a key player in Toyota's multi-path strategy towards achieving full carbon neutrality in the UK and Europe by 2035.

CAR WASH

MINI VALET

FULL VALET

INTERIOR OR

EXTERIOR VALET

CAR DETAILING

hatch, developed by Toyota Gazoo Racing, comes The Yaris Cross range will a more power from its tur-

expand early in 2024 with introduction of an additional, more powerful, 129bhp version of its 1.5-litre hybrid electric powertrain. In addition, the model gains a fully digital driver's instrument display and the latest Toyota multimedia system with cloud-based navigation for journey planning with up-to-minute traffic intelligence. The Toyota Safety Sense package of active safety and driver assistance systems is boosted with new and enhanced functions. And for customers looking for the last word in equipment specifications, an exclusive

new Premiere Edition model joins the line-up. A similar package of changes including new powertrain option, digital user the and enhanced safety provisions - is also scheduled for the Yaris Hatchback. This promises to maintain the strong market performance of Toyota's smallest hybrid electric model and its UK

best-seller.

of

CAR VALETING &

DETAILING SERVICE

At the sporting end of the

Yaris spectrum, a new GR

Yaris is lined up for release

this year. The latest version

HAVE YOU BEEN SHORTLISTED? WE HAVE!

ARDSUK

the high-performance

with

three-cylinder bocharged frame construction that's

engine, a new Gazoo Racing Direct eight-speed automatic transmission that provides

super-fast shifting and a redesigned driver's cockpit. The car's body rigidity and suspension have been increased, with a focus on even stronger competition

driving performance. At the other end of the 2025 size scale, an all-new Land Cruiser is due for launch towards the end of the year. Toyota has taken Land Cruiser back to its origins as a strong vehicle that can be trusted to do the job in the toughest conditions, while incorporating new technologies to ensure it delivers exceptional perform ance both on and off-road. Under the skin, there's a new vehicle platform sup-porting the classic body-on-

fundamental to Land Cruiser's all-road capabilities. Meanwhile the exterior design moves to classic, sharpedged look with heritageinfluenced details. Power is from a turbocharged 2.8-litre diesel engine with a 48-Volt mild hybrid electric system to follow in

This month marks the start of customer deliveries of the all-new Toyota C-HR. True to the spirit of the original model, this coupe-inspired SUV sports radical, eyecatching styling. Under the skin, there's the latest, fifth generation of Toyota's hybrid electric technology; later in 2024 the range will grow to include the option of an even more efficient plugin hybrid electric system for the first time





INFO@OVERLANDERVEHICLES.CO.UK SALES ENQUIRIES +44 (0) 7400 623891





Antrim > N.Ireland





Tel: 02892 621 681 info@alloywheelslisburn.com

MAINTENANCE CHECKS EVERY **MOTORIST SHOULD BE DOING**

Motor insurance experts at One Sure Insurance, have shared their checklist of essential car maintenance tips, to identify whether your car is likely to need any repairs

Many of these checks can be performed at home, but you will need some assistance from a mechanic to replace some of these parts. Battery performance check

Car batteries supply electrical current the for the starter, engine, and other electronic components, and the car will often fail to start if this is not working correctly. January is good time to check performance of the the car battery as colder winter weather can affect its ability to hold its charge.

The first, and probably most obvious sign of failure, is the battery ignition struggling to start or the engine not turning on at all.

If your engine starts fine, but you notice a battery warning red light appear on your dashboard this should not be ignored. This warning light often looks like a small rectangular box with a plus and minus sign inside of it.

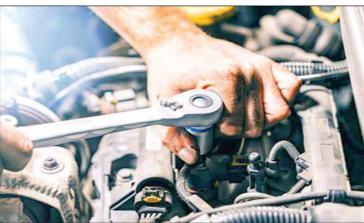
If this light is permanently on, it indicates a replacement battery is needed, while a flickering light means the connection may be faulty. You may also notice that the vehicle's headlights are dimmer than they should be since they are receiving less electric power.

Car batteries usually last between three and five years when properly cared for, but various factors can affect their lifespan. You can check the health of a car battery by connecting a voltmeter to see if the reading is between 12.4V and 12.7V or not, or by seeing if the headlights are dimmer

than they should be. It is recommended to get the car battery replaced by a garage or car repair service due to the risk of acid spillage

and exposed electrical wiring. Brake performance check

With some roads being to at risk of ice and snow throughout January, it is important that your



work correctly. brakes Although many car use different models brake systems, there are still signs of brake failure that can be spotted before they become dangerous to use.

The brake fluid should be replaced every couple of years, and there are couple of checks that drivers can do themselves.

Check your dashboard see if your car brake warning light is on, telling you your brake fluid may be low

or that your brakes need replacing if the fluid is already full. You may also feel

hear unusual noises when braking, such as squeaking or grinding sounds from the brake pads.

See if the brake fluid levels are between the minimum and maximum lines in the brake fluid reservoir under the bonnet on the master cylinder. Otherwise, it might need topping up. The main indication

of broken brakes is the

brake pad wear warning light on the car's display board, indicating they be almost worn may out. However, not all cars have brake pad sensors so have your car checked immediately by a qualified professional if vou think your brakes are faulty at all. It is advised that you have your brake discs and brake pads inspected every 10,000 miles anyway to prevent potential accidents, but this depends on your driving habits and car parts.

Searching for roller garage doors that offer unmatched quality at unbeatable prices?

Then look no further than Garolla, the UK's first nationwide roller garage door installer.



Transform the appearance of your exteriors and improve the security of your home all in one by updating to a Garolla garage door. Handmade by a team of skilled craftsmen, every Garolla garage door is made from only the very best materials and to your home's exact specifications From start to finish you will only work with your own local installer, guaranteeing no pushy salesmen in sight. As well as installing your



garage door, your local installer will also conduct the initial survey of your property and will always be on hand to answer any questions you might have. Offering style as well as substance, Garolla electric garage doors are available in 21 colours and come in

perfectly fit any opening. Avoid any hidden charges with Garolla, where where an instant quote comes inclusive of measuring, inclusive of measuring, fitting and VAT. For more information visit their website www.Garolla.co.uk or, alternatively, give them a call on 028 9246 0041







Navigating the huge range of insurance products currently on the market takes expertise and experience. Don't waste your time and money dealing with different policies and different companies! **Brady Insurance will do all** the work for you.



CAR INSURANCE

HOME & CONTENTS

MOTOR TRADE



COMMERCIAL VEHICLE



SHOP INSURANCE



FARM & TRACTOR INSURANCE

Call us now on: 028 8775 8323 Pomeroy 028 8167 0031 Castlederg 028 8246 4006 Fintona 028 6632 4371 Enniskillen

Web: www.bradyinsurance.co.uk

13 Dublin Road, Enniskillen, N. Ireland, BT74 6HQ

THINGS YOUR HOUSEHOLD INSURANCE MAY NOT COVER

As your home is probably the biggest, most expensive asset you will ever own, it's a good idea to protect it in any way possible.

This involve might CCTV cameras, buying burglar alarms and in some areas even window shutters. and most

TA Hewitt

Building & Joinery

General Property Maintenance & Renovations • Damp Solutions

Pointing & Restoration of Brick & Stonework

Re-Slating & Lead work

Traditional Joinery - Replacements & Repairs to Sash Windows
 30 Years' Experience

Tel - 028 9262 1929 or 079 0997 2535

Email - tahewittjoinery@gmail.com

SPARKLES WINDOW

ELEANING

• Gutter Cleaning

• PVC Fascia & Soffit Cleaned • Windows Cleaned Inside & Out • All Types Of Powerwashing Undertaken

certainly will involve the pieces should an signing on the dotted line emergency occur, but it's on home insurance. also important to be aware The right policy will of the things that aren't help you to pick up

accidental damage.

cover you for:

moveable property

Believe it or

fences, gates and other moveable property are not protected in most home insurance policies, so if covered, many current policies don't cover for bad weather is due it's essential to batten down the hatches to ensure All too often, people forget to read the small extensive damage does All loose small not occur. objects including outside print and only find out they don't have adequate furniture and gardening protection when they tools should be locked come to make a claim, so away and repairs to broken here are five things your gates must be made in insurance probably won't good time to ensure they're not made worse in poor conditions. 1. Fences, gates and 2. Structural maintenance not homeowners Many

.Just Blinds ...

We offer a wide range of window dressings to

suit your home or office

Roller Blinds
 Vertical Blinds

Venetian Blinds
 · Wooden Venetian Blinds
 · Velux Blinds

that their presume insurance policy will cover any structural maintenance that needs to take place on their property - but this is simply not the case.

Many insurers do not count standard or long-term wear and tear such as loose roof tiles or a crumbling wall as claimable, meaning you'll probably have to foot the bill yourself. Of course, if lightning

and damage is strikes caused this would be seen as a definable event and one which most insurers

TRUST US WITH YOUR FLAT ROOFING & PROPERTY MAINTENANCE NEEDS

Everything from garages, sheds, dormers,

warm/cold roofs, roof domes, dry verges.

Monday - Friday: 8am - 4.30pm, Saturday - Sunday: Closed

165 Moira Road, Lisburn, BT28 1RW

ROOFING

would cover, but always read the fine print before make presumptions.

companies will pay out in the event of a flood although expect to pay high premiums if you live in a flood prone area – they will not always cover the cost of damp maintenance. Regular damp caused by poor insulation, for instance, is one of the most common exclusions on insurance policies giving many homeowners a headache when they

A fully insured family-run

roofing business based

in Lisburn.

3. Damp While many insurance realise they're responsible for treating the damp. 4. Blocked drains

Not only are blocked drains stinky and annoying, they're also not usually covered by home insurance. This is because a blockage is often caused by people putting the wrong things down toilets and sinks, and therefore many insurance companies aren't prepared to pay out for such general maintenance. The good news is there are many ways to unblock drains yourself from using a good old toilet plunger and a bit of elbow throwing grease to large tablespoons three of baking soda down the sink followed by several glugs of vinegar - the chemical reaction of which

built up over time.

5. Leaking pipes

may rust and leak. If you notice water dripping from your water system. you might be tempted to jump on the phone to your insurance company, but it's wise to read the details of your insurance This is policy first. because leaking pipes, which have simply have deteriorated, are often just considered a generic maintenance issue and are not worthy of a pay out. That said, if the leak has occurred due to a floor. landslide, earthquake or other natural disaster, you might be covered.

Taking home out insurance is a great way to safeguard your property, but be aware that every policy has exclusions limiting what you can and can't claim for. Disclaimer: This is gets rid of any gunk that's

a collaborative article and always read your insurance policy terms and conditions.



GALL Terry Titley 077 6763 3904 terry-2k7@holmail.com SERVICEVISION vision, DVD/Video & Satellite Repairs Full set-ups & wall mounting services

ALL AREAS COVERED Free Estimates & No Call Out Fees Free Installation & Delivery With All TVs Purchased

Belfast: 028 9060 4897 Lisburn: 028 9266 6502 Mob: 0780 238 6884

Celebrating over 35 Years in Business MC Upholsterv (formerly Kingway Upholstery) DOMESTIC SERVICES: **Recover Cloth Suites, All Repairs**

COMMERCIAL SERVICES: **Recover - Bar Seating, Office Chairs FREE QUOTATION** T: 028 9030 1899 M: 07786 062989 230A Kingsway, Dunmurry, BT17 9AE



 Commercial or Domestic Wallpapering

FREE QUOTATIONS Keenest Rates Tel: 078 8931 2785

What is the best city in Northern Ireland to buy a home in?

Bangor is the least affordable city in Northern Ireland to own a home in. Meanwhile, Lisburn offers the best work-life balance in the country.

On a national level, five cathedral cities top the list of UK cities with the least disposable incomes after paying their basic bills and mortgage rates. Among bigger UK cities, Bath is the least affordable place to own home in in England; Newport – in Wales; Bangor - in Northern Ireland; and Edinburgh Scotland. in Newcastle is the #1 UK city that leaves homeowners with the most disposable income. In Scotland, this is Aberdeen; in Northern Ireland Lisburn; Wales in Wrexham.

UK-based data collection experts at SmartSurvey reveal how much disposable income two averageearning homeowners living and working in every UK city would have after paying their basic household bills and mortgage rate. The study evaluates and compares median property prices median PAYE and earnings, as well electricity. as gas, water and council tax bills in 73 cities across England, Scotland, Wales and Northern Ireland.

The mortgage rates are calculated equally, based on a 10%



expenses

deposit and a fixed 5% interest rate over 25 years. Which

Northern Ireland cities are least lowest and most affordable for homeowners

Bangor is the least affordable city in Ireland, Northern largely due to having the highest bills (£418) home prices ,000). Median and (£245.000). earnings of £1,985 are not proportional to the costs of owning a home in Bangor. After paying their mortgage rate and basic bills, two average-earning homeowners here

SC ELECTRICAL

Find us on Facebook

Need an extra socket or light fitted, home re-wired or something else?

We will meet all your electrical installation needs.

Call Sean: 075 1625 4093

TREE CUTTING

SERVICES

Trees Dismantled

 Dangerous Limbs Remove Conifers & Hedges Topped & Trimmed

Trees Reduced or pruned

Stumps Removed

All Fencing & Paving

 All Waste Removed From Site **Fully Insured**

Competitive Rates

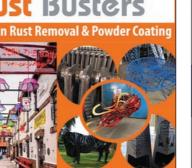
All Work Carried Out By Certified Tree Surgeons

For A Free Quotation Call:

07712 085390

have £1.844 People in Lisburn enjoy the best workto spare for other life balance of all every month. This is the dwellers city disposable Northern Ireland. income of all Northern Despite having the Ireland cities and £626 second most expensive below the next least homes Northern in affordable city, Newry. Ireland (203,161),





GATES - RAILINGS - GARDEN FURNITURE ALLOYS - RADIATORS - MOTORCYCLE FRAMES Unit 22, 149 Glen Road, Comber, County Down. BT23 5QU Telephone: 028 9044 8033 www.rustbustersni.co.uk



for a city home in the

UK is £260,000. City

residents

generally

water and council tax (or "rates" in Northern Ireland) bills amount to £348 every month, while mortgage rates estimated at £1,520. This leaves average-earning city homeowners with £2,440 in disposable income every month to cover all their other household costs.



Screened Top Soil • Sand Gravel & Decorative Stone Artificial Grass, Bark, Compost & Peat Building Supplies & Ready Mixed Mortar 0 Available loose, in bulk bags & 25kg bags, for collection or delivery

028 9265 1298

10 Lower Balinderry Rd, Upper Ballinderry, Lisburn, BT28 2JB

McCutcheow Domestic Appliance Repairs We fix all makes of -		
• Washing Machines • Dryers	Dishwashers Cookers	ころ
T: 028 9269 9174 M: 078 1425 6298 - Competitive Prices - Fully Insured - Prompt R	Find us on facebook	

P TULLY CONTRACTS **Building + Roofing Specialists**

Registered Builder (Fully Insured) Houses Repointed - Chimneys Re * Insurance Work Undertake - Sun Rooms - Roofs Re-slated - Lead Work * All Work Guaranteed ions - Roofs Repaired - New Guttering & Fascia * Free Estimates - Loft Convers - Flat Roofs -Vent Roof Tiles 25 Years' Experience Mob: 078 6035 6648



Aluminum Doors, Domestic Garage Doors, uPVC Doors, Fire Doors, Steel & Timber, **Steel Roller Shutters**

• NO CALLOUT CHARGE Key Cutting Service including Car Keys ·uPVC & Wooden Door Lock Specialist Free Home Security & Zone Protection Check Wide Range of Locks Supplied & Installed Emergency Vehicle / Premises Entry* *Depending on availability of time

Find us on Facebook Neil Knox | M: 07725 892 957 note CRB www.nklocksmith.co.uk



INGRAMA CONTRACTS

GROUNDWORKS, KERBING & RESURFACING FOR RESIDENTIAL & COMMERCIAL PROPERTIES

SALE CARPETS RUGS NOW ON FLOORING

 BEDS FURNITURE SOFAS & MORE...



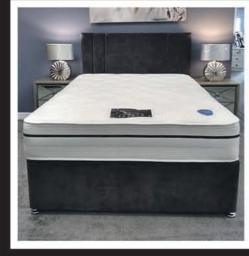
IVEAGH 1.3M SINTERED STONE DINING TABLE + 4 VELVET CHAIRS **RRP £699 NOW £499**

Sizes from 60cmx110cm to massive 240cm x 340cm



LARGE SELECTION OF FABRIC & LEATHER SOFAS ON DISPLAY

100'S OF CLEARANCE RUGS UP TO 75% OFF



POCKET 1000 DOUBLE DIVAN WITH 2 DRAWERS AND HEADBOARD **RRP £699**

NOW £499

(OTHER SIZES & COLOURS AVAILABLE)



KILLANEY 2.18M SLIDING DOOR WARDROBE **RRP£749 NOW £599** FREE ASSEMBLY

(OTHER COLOURS AVAILABLE)



LARGE **SELECTION OF RISE &** RECLINE **CHAIRS ON** DISPLAY **FROM £499**



Curren Ottoman Double Bed RRP£749 NOW £599 REE ASSEMBLY **(OTHER SIZES &** COLOURS AVAILABLE)

42-56 Chapel Hill, Lisburn, Co. Antrim, BT28 1BW Only 50m from **Bow Street Mall** Tel: 028 9266 3587



9am - 5pm FINANCE /AILABLE www.seymourdugan.co.uk

